



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 STUDENT HOLIDAY</p>	<p>3 Corndog Mixed Veggies Assorted milk Fruit Breakfast: French Toast</p>	<p>4 Crisпитos Pinto Beans Assorted milk Fruit cup Breakfast: Bkft. Pizza</p>	<p>5 Hamburger Potato Wedges Burger veggies Assorted milk Fruit Breakfast: Biscuit/Sausage</p>	<p>6 Deli Sandwich Veggie stix w/ dressing cup Assorted milk Mixed Fruit Breakfast: Bkft. Taco</p>
<p>9 Chicken Nuggets Rice Pilaf Mixed Veggies Assorted milk Fruit mix Breakfast: Pig n Blanket</p>	<p>10 Sliced Ham Veggie of the Day Sliced Bread Assorted milk Fruit Breakfast: Pancake Wrap</p>	<p>11 Chili & beans Fresh cornbread Garden Salad Assorted milk Fruit cup Breakfast: Bkft. Pocket</p>	<p>12 B/B/Que on Bun Vegetable soup Pickles/Onions Assorted milk Fruit Breakfast: Biscuit/Sausage</p>	<p>13 Pizza Golden corn Assorted milk Mixed Fruit Breakfast: Bkft. Taco</p>
<p>16 Salisbury Steak Potatoes Roll Mixed Veggies Assorted milk Fruit mix Breakfast: Waffle Stix</p>	<p>17 Chicken pot pie Garden Salad Sliced Bread Assorted milk Fruit Breakfast: French Toast</p>	<p>18 Beef Nachos w/ cheese Pinto Beans Assorted milk Fruit cup Breakfast: Bkft. Burrito</p>	<p>19 Hamburger Potato Wedges Burger veggies Assorted milk Fruit Breakfast: Biscuit/Sausage</p>	<p>20 Fish Nuggets Buttered Veggies Assorted milk Mixed Fruit Breakfast: Bkft. Taco</p>
<p>23 Hotdog Mixed Veggies Assorted milk Fruit mix Condiments Breakfast: Pig n blanket</p>	<p>24 Spaghetti w/ meatsauce Italian Veggies Garlic Breadstick Assorted milk Fruit Breakfast: Pancake Wrap</p>	<p>25 Bean/Cheese Chalupas Lettuce/Tomato Assorted milk Fruit cup Breakfast: Bkft. Pizza</p>	<p>26 Sloppy Joe Vegetable soup Pickles/Onions Assorted milk Fruit Breakfast: Biscuit/Sausage</p>	<p>27 Ham/cheese Croissant Veggie stix w/ dressing cup Assorted milk Mixed Fruit Breakfast: Bkft. Taco</p>
<p>30 Sausage/Tortilla Mixed Veggies Assorted milk Fruit mix Condiments Breakfast: Waffle stix</p>	<p>31 Beef stew Fresh cornbread Garden Salad Assorted milk Fruit Breakfast: Cinnamon Toast</p>			



What does **CALCIUM** bring me?

Maybe They Should Call it **COW-cium!**

Do dairy cows make good dentists? Probably not. But they certainly help you have a bright, healthy smile. That's because the milk they provide is **LOADED** with calcium, the mineral responsible for strong teeth and bones. You need a combination of low fat milk, yogurts and cheeses to meet your daily calcium needs. And, did you know that dark leafy greens like spinach, broccoli and kale also contribute to the calcium you need daily? A lot to smile about!



Mixed-Up Dairy

Unscramble these jumbled words to find things associated with dairy products.

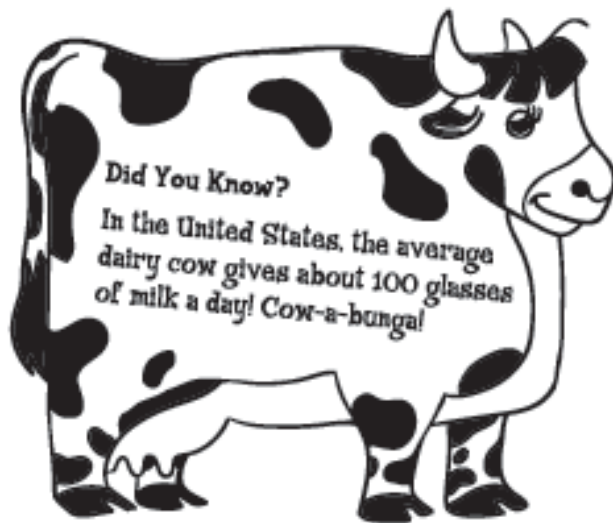
GOTURY

HECEES

UMCILAC

GNORTS NOBES

(Answers: Yurt, Cheese, Cakes, Strong Bones)

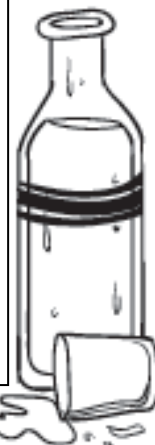


OUR CAFETERIA BRINGS IT!

WELCOME BACK !!!

JUST A REMINDER
MENUS ARE SUBJECT TO
CHANGE WITHOUT NOTICE

ALL PAWNEE MENUS COMPLY WITH THE TEXAS PUBLIC SCHOOL NUTRITION POLICY SET BY THE TEXAS DEPARTMENT OF AGRICULTURE. THE HEALTH OF OUR CHILDREN IS OF THE UTMOST IMPORTANCE TO EVERYONE AT PAWNEE ISD.



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www.squaremeals.org

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